

# MARVELLOUS MOVERS



## RESIDENTIAL PROGRAM

Year 4-7 (up to 28 students)

### OVERVIEW

This program can cover elements of the Health and Physical Education (HPE) and Science curriculum, alongside enhancing students personal and social capabilities. The program will engage students in physical activities and team-building challenges that focus on resilience, cooperation, respect, and can also be tailored to match the core values of your school. By participating in a range of activities such as the Low Ropes course, Faulty Towers activity, Top Rope climbing and team challenges, students will develop critical life skills such as teamwork, communication, problem-solving, and emotional resilience. Marvellous Movers can also include a science element with the opportunity to interact with our resident snakes, recognising the behavioural and structural features and adaptations of snakes to their environment.

*Duration: 3 days, 2 nights.*

**Australian Curriculum Version 9.0 - during the course of this program, it may be possible to target the following content descriptions.**

#### HPE

Personal, social and community health - Interacting with others  
Movement and physical activity - Moving our bodies  
Making active choices  
Learning through movement

#### SCIENCE

Biological Sciences - Science understanding  
Science Inquiry - Questioning and predicting

#### GENERAL CAPABILITIES

Personal and Social Capability - Level 4 and 5 (Years 5/6/7)  
*Self-awareness, Self-management, Social awareness, Social management*  
Critical and Creative thinking - Level 4 and 5 (Years 5/6/7)  
*Generating*

#### CROSS CURRICULUM PRIORITIES

Sustainability - *Analysing, inquiring and generating.*

#### Low Ropes course

The Low Ropes Course and Mohawk Walk offers students the opportunity to work in both a small and large team situation to take on low level climbing challenges. They will support others in climber/spotter teams to learn techniques and strategies and debrief on their experience including benefits of working together to help others succeed and overcome fears.

#### Faulty Towers

Faulty Towers is a competitive high level climbing challenge. Students compete in two teams and are required to plan, construct and in pairs climb their tower of milk crates. Students take turns to rotate through the different roles of belay, climber and construction workers. During this experience, students identify and develop leadership skills and strategies e.g. teamwork, organisation, cooperation and communication.

#### Snake talk

Snake Talk offers students the opportunity to interact with Daradgee's resident pythons in a safe, comfortable setting. Student experiences may include recognising and comparing the common features of snakes and recognising the behavioural and structural features and adaptations of snakes to their Australian habitat.

