

Australian Curriculum - Year 9 & 10

Achievement standard extracts

Students evaluate the outcomes of emotional responses to different situations.
 Students demonstrate leadership, fair play and cooperation across a range of movement and health contexts. They apply decision-making and problem-solving skills when taking action to enhance their own and others' health, safety and wellbeing. They apply and transfer movement concepts and strategies to new and challenging movement situations. They apply criteria to make judgements about and refine their own and others' specialised movement skills and movement performances. They work collaboratively to design and apply solutions to movement challenges.

Content Descriptions

Personal, Social & Community Health - Communicating and interacting for health and wellbeing

Investigate how empathy and ethical decision making contribute to respectful relationships ([ACPPS093](#))

Movement and Physical Activity - Moving our body

Develop, implement and evaluate movement concepts and strategies for successful outcomes with and without equipment ([ACPMP101](#))

Movement and Physical Activity - Learning through movement

Devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams ([ACPMP105](#))

Transfer understanding from previous movement experiences to create solutions to movement challenges ([ACPMP106](#))

Reflect on how fair play and ethical behaviour can influence the outcomes of movement activities ([ACPMP107](#))

Daradgee specific elaborations

Investigate how empathy and ethical decision making contribute to respectful relationships

- practise using positive, empathetic strategies when managing challenging situations eg. carefully and thoughtfully communicate choices, express opinions, initiate contingency plans
- debrief how these strategies help maintain respectful relationships

Develop, implement and evaluate movement concepts and strategies for successful outcomes with and without equipment

- develop and practice strategies to solve Challenges eg. plan, trial, review, propose and implement alternate responses

Devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams

- debrief to identify, implement and reflect on strategies and skills of an effective leader eg. evaluate and refine contributions, use encouragement, create pro-active solutions, motivate team members to improve performance

Transfer understanding from previous movement experiences to create solutions to movement challenges

- build and adapt skills and strategies to solve Challenges eg. reflect and improve on team solution, strategies, manoeuvres and techniques
- demonstrate motivation, persistence, confidence and commitment when faced with difficult or unfamiliar challenges

Reflect on how fair play and ethical behaviour can influence the outcomes of movement activities

- participate in new and interesting challenges fairly and ethically eg. interpret the intent of rules, consider the importance of team contributions and the benefits of linking inclusiveness and fair play to positive outcomes