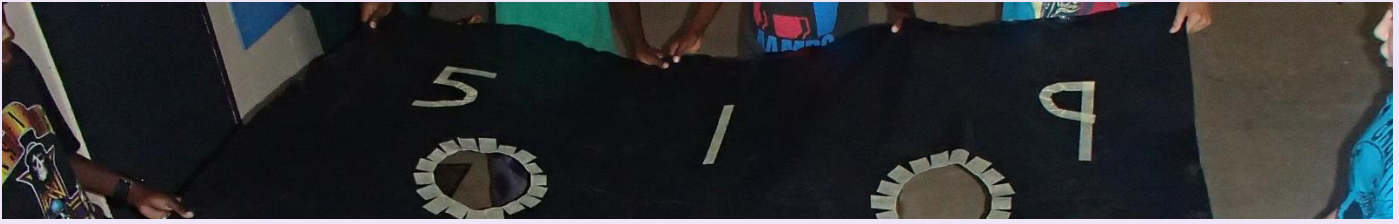


Challenges - F



Learning Intentions

Students recognise how they are growing and changing. They identify and describe the different emotions people experience. They identify actions that help them be healthy, safe and physically active. They identify different settings where they can be active and demonstrate how to move and play safely. They describe how their body responds to movement.

Students use personal and social skills when working with others in a range of activities. They demonstrate, with guidance, practices and protective behaviours to keep themselves safe and healthy in different activities. They perform fundamental movement skills and solve movement challenges.

Daradgee Specific Elaborations

This experience may require students to:

- participate in a range of challenges and explore which ones they enjoy and what makes them enjoyable eg. good at sharing ideas and listening to others, being calm and patient
- debrief how it feels to be included in activities
- practise personal skills eg. good listening and following instructions, working well with partner, being kind, supportive and self-disciplined, attentively spotting their climber
- debrief on the importance of being kind, fair and respectful and how this affects the feelings of others and the whole class
- explore the social and physical challenges of Challenges in a non-classroom setting eg. working together in teams to solve problems
- understand how to be safe when learning to use new equipment, develop new skills eg. stick to rules, awareness of the risks when using equipment incorrectly
- use a range of body movements and physical skills to help solve challenges eg. stretching, keeping balance, creating solutions
- work in groups/teams to collaboratively solve challenges eg. playing giant pick up sticks
- trial different techniques and solutions when completing challenges eg. team mates helping each other balance, lifting and passing equipment together
- follow rules to optimise safety and reduce risk to self and others eg. use equipment correctly, be careful with personal space
- demonstrate appropriate use of equipment
- listen to and understand instructions and rules as demonstrated