

Australian Curriculum



At Daradgee Environmental Education Centre, students develop personal and social capability as they learn to understand themselves and others, and manage their relationships, lives, work and learning more effectively. Personal and social capability involves students in a range of practices including recognising and regulating emotions, developing empathy for others and understanding relationships, establishing and building positive relationships, making responsible decisions, working effectively in teams, handling challenging situations constructively and developing leadership skills.

Our programs- Top Rope Climbing, Faulty Towers, Bouldering, Low Ropes Course & Mohawk Walk, Team Challenges and Leadership incorporate the following sub-elements from the Personal and Social Capability from the Australian Curriculum:

**Self-awareness element**

- Recognise Emotions
- Recognise Personal Qualities and Achievements
- Develop Reflective Practice

**Self-management element**

- Express Emotions Appropriately
- Develop self-discipline and set goals
- Work independently and show initiative
- Become confident, resilient and adaptable

**Social management element**

- Communicate effectively
- Work collaboratively
- Make decisions
- Negotiate and resolve conflict
- Develop leadership skills